



Clearmeadow P.S.

February Character Trait: Initiative

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CALENDAR

February	Black History Month
Feb. 15	Family Day – No School
Feb. 16	Return to Face to Face Learning
Day 1	
Feb. 17	Social Media and Mental Health Presentation: Gr. 5-8
Day 2	Social Media and Mental Health Parent Workshop 7pm: Be sure to complete the survey to secure a spot
Feb. 18	
Day 3	
Feb. 19	
Day 4	
Upcoming Dates	
Mar. 3	Students who have changed models begin in their new classrooms

PHOTO GALLERY



We are so excited to welcome all our staff and students back to Clearmeadow PS next week!

See you soon!

AT A GLANCE INFORMATION

Health and Safety Measures

As we have previously communicated, there are some new health and safety measures in place, including:

- Masks are now **required for students in Grades 1-3, as well as those in Grades 4-12.** Students in kindergarten are strongly encouraged to wear masks.
- Masks are now required outdoors, during recess as well as common areas, in addition to in-class.
- Students are discouraged from congregating before and after school. This includes going to the Park after school. Students should leave school property and make their way home immediately.
- **Parents** when on school property **MUST** wear a mask.
- York Region Public Health is recommending that students wear [three-layer masks](#). Two layer masks are permitted if they are clean and fit appropriately. **Neck kerchiefs are no longer permitted.**
- In addition, new screening measures are required for all elementary staff, students and visitors. Please be sure to self-screen your child using this screening tool: https://www.york.ca/wps/wcm/connect/yorkpublic/9e5381ca-ec8b-4df1-8db5-42292f2a35fc/114_School+Screening+Tool_Feb821.pdf?MOD=AJPERES&CVID=nu814T4

BLACK HISTORY MONTH

This past week students in Grades 3-8 participated in a Zoom workshop on dismantling Anti-Black Racism. The presenters were Joel and Chris from Inspiration Republic. They took us on a virtual tour of the Buxton National Historic Site and Museum in Buxton, ON – once one of the largest historic black settlements and which played a key role in the Underground Railroad. More information about Buxton can be found at this link <https://www.tvO.org/article/the-ontario-black-history-landmark-you-never-knew-about>. They talked about different types of privilege, what racism actually means and how we can be an ally by standing up, speaking up and listening up when we encounter racism. The students listened to conversations by Black Canadians about how they are achieving excellence in their lives and encouraging excellence in the lives of others. They also talked about their experiences as Black Canadians. Inspiration Republic's stories, videos and analogies delivered a very powerful message in an age appropriate way, so that all students could understand and learn.

Students in K-3 will be learning about Black History by watching a virtual presentation by [The Saidat Show](#). We look forward to hearing about their learning experiences after watching with their teachers.



Sunday, February 14, 2021
5PM-6:30PM Via Zoom

**MENTAL HEALTH
WORKSHOP**

Marci Gray, MSW, RSW,
Psychotherapist, Social
Worker, Author

Dealing With Depression, Anxiety, and Worry





PJ Library Goes to School

☆ Jewish Heritage Month Initiative for Kindergarten to Grade 3 ☆

PJ Library Goes to School is a new initiative by the YRDSB, in partnership with PJ Library, a joint program by UJA Federation of Greater Toronto and the Harold Grinspoon Foundation. PJ Library Goes to School provides opportunities for Jewish parents and guardians to share affirmative Jewish stories with students of all identities in Kindergarten to Grade 3 via virtual meet platforms such as Google Meet or Zoom during Jewish Heritage Month 2021.

When?: Virtual readings will take place during the month of May, recognized as Jewish Heritage Month by the Government of Canada.

Participating parents/guardians will receive a PJ Library picture book by mail through their student's school for the purpose of providing a virtual reading to their child's class. Participating parents/guardians should arrange a time for the virtual reading with their child's school teacher.

HOW TO SIGN UP:

Interested Jewish parents/guardians are to complete an [online registration form](#).

DEADLINE: March 11, 2021.

ELIGIBILITY:

This program is designed to give opportunities for Jewish parents/guardians to share their heritage with students of all identities in Kindergarten to Grade 3 with the support of their child's teacher and school principal via virtual meet platforms such as Google Classroom or Zoom.

Parent/guardian must meet eligibility criteria to lead a book reading on Jewish heritage or identity:

- Identifies as a Jewish parent/guardian of a child at a YRDSB school in Kindergarten, Grade 1, Grade 2 or Grade 3.
- Parent/Guardian has communicated to their child's teacher that they would like to participate in this program and has the teacher's support. The school teacher will communicate to the school principal that the parent/guardian would like to participate in this program.
- The parent/guardian feels comfortable providing a book reading in English.
- The parent/guardian is able to make themselves available during school hours to provide a virtual book reading to their child's class.

For more information, please contact YRDSB Community Partnership Developer (CPD):
Jewish Community, Leonora Buskin, leonora.buskin@yrdsb.ca.





PILLARS

TO WELL-BEING

YRDSB MUSLIM STUDENT CONFERENCE

[Register Now](#)

March 2, 3, 4 2021

4:00-6:00pm

Join Us for Workshops with Muslim Leaders on
Well-Being, Nutrition, Exercise & Training, Literature
& Writing, Healing & Hope and Art

With Guest Speakers....

Mohamad Fasih

Entrepreneur &
Philanthropist

Jamilah Thompkins-
Bigelow

Author of Mommy's
Khimar

Uzma Jalaluddin

Author of Ayesha At
Last



Red Cross Babysitting Course (with first aid & CPR) Offered by Stayin Alive With First Aid, CPR & AED

COURSE NOW ADAPTED FOR ONLINE LEARNING (2-hour 20 mins sessions over 3 days)

Caregiver and first aid skills for youth in Grades 5-8. Participants learn how to manage difficult behaviour, recognizing and preventing unsafe situations, how to care for babies and children and leadership skills. Babysitting promises to deepen and enhance the responsibility that older youth feel when caring for younger children. The curriculum is complete with new science about giving appropriate care in the event of an emergency.

- Dates:** March 21st, 22nd, 27th
April 10th, 11th, 17th
April 24th, 25th, May 1st
- Times:** **Two time slots available for each set of 3 dates: 8 am – 10:20 am or 11am – 1:20pm**
- Location:** **Online via Google Meet (link provided 15 mins prior to class)**
- Instructor:** Stayin Alive Certified Red Cross Instructor
- Cost:** \$60 per participant (Grades 5-8) + HST = **\$67.80**

Course content:

- Check, Call, Care (including phoning 911)
- Conscious choking (adult/child/baby/alone)
- Introduction to CPR (baby/child)
- Asthma (includes use of inhaler and spacer)
- Anaphylaxis (includes use of EpiPen), poisoning and insect stings
- Wound care (minor cuts and scrapes, splinters, nosebleeds, bumps and bruises, life-threatening bleeding, and burns)
- Broken bones, head, neck and back injuries, seizures

Materials that will be mailed (address

Required during registration process):

Red Cross Babysitter's Manual and Materials

Red Cross Babysitter Certificate



Register today!

Space is limited

www.StayinAliveWithFirstAid.ca

Questions?

info@StayinAliveWithFirstAid.ca



Red Cross Stay Safe Course

Offered by Stayin Alive With First Aid, CPR & AED

COURSE NOW ADAPTED FOR ONLINE LEARNING (2-hour 20 mins sessions over 2 days) with a small portion done as homework.

This course teaches the skills needed for youth to stay safe on their own at home, respond to unexpected situations (such as strangers or visitors knocking on the door), give first aid treatment, and call 911. Whether in the community or alone, this course is a must-take if you want your children to have better tools for staying safe. Best suited for youth in Grades 3 and 4.

Date: April 3rd and 4th
April 10th and 11th
April 24th and 25th

Time: 4 pm – 6:20 pm each day *some homework involved*

Location: Online via Google Meet (link provided 20 mins prior to class)

Instructor: Stayin Alive Certified Red Cross Instructor

Cost: \$60 per participant (Grades 3 and 4) + HST = \$67.80

Course content:

- Understanding the responsibility of being accountable for yourself
- How to stay safe at home and within the community
- Check, Call, Care (including phoning 911)
- Conscious choking (adult/child/alone)
- Asthma (includes use of inhaler and spacer)
- Anaphylaxis (includes use of EpiPen), poisoning and insect stings
- Wound care (minor cuts and scrapes, splinters, nosebleeds, bumps and bruises, life-threatening bleeding, and burns)

Take-home materials:

Red Cross Stay Safe Manual
Red Cross Stay Safe Certificate



Register today!

Space is limited!

www.StayinAliveWithFirstAid.ca

Questions?

info@StayinAliveWithFirstAid.ca



Parents for Children's Mental Health

SUPPORT. EDUCATE. EMPOWER.

Monday, February 22, 2021 6:30 pm - 8 pm

5th anniversary of this Chapter!!!

PARENTS' Support Group-All are welcome!

VIRTUAL MEETING

Guest Panel: Social Media: Positive Use during COVID-19

Does your child's anxiety, ADHD, mood disorders, learning disability, or behaviour challenges make parenting difficult? Join us...

PCMH Chapter Support is inviting you to a scheduled Zoom meeting.

Topic: Aurora York PCMH Chapter 5th ANNIVERSARY Meeting

Time: Feb 22, 2021 06:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/94001101367?pwd=VFpTbGJQTEhUeWJkMzk2cUIBaWhzQT09>

Meeting ID: 940 0110 1367

Passcode: 403748

One tap mobile

+14388097799,,94001101367# Canada

+15873281099,,94001101367# Canada

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

Meeting ID: 940 0110 1367

Find your local number: <https://zoom.us/u/adEPMYilmr>

Benefits of PCMH Support Group:

- meet other parents with children who have similar challenges
 - find encouragement and emotional support
- learn strategies to help your child or youth at home/school
 - learn how to access resources in the community

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit www.pcmh.ca.

Next Meeting: Monday, March 22nd at 6:30 pm – 8 pm. Topic to be announced next flyer